

## WIOL Rules

Course 1 participants may be shadowed by a parent or youth to provide safety for the Course 1 participants. If the person shadowing is competing in WIOL or Winter O that person must have completed his/her course prior to shadowing. The person shadowing cannot provide any assistance unless there is a safety issue for the Course 1 participant.

There will be a Boy's Varsity course and a Girl's Varsity course. There will be a maximum of 60 starts for each of the two courses. There were be two Varsity Courses set, one for boys and one for girls. The two courses will be of equal technical challenge.

Each high school will receive a minimum of 4 places for the Boy's team and 4 places for the Girl's team. If a school is not able to fill all 4 places at the beginning of the year the extra places will be returned to the WIOL Director for redistribution. The decision to return these places will be made at least two weeks before the first WIOL meet in order to facilitate redistribution.

The WIOL Director will assign independent boy and girl participants to the appropriate level depending on their previous experience and standings of the previous season.

There will be a small number of places available after subtracting the independent participants and the return of unused places. Coaches with larger teams can petition the WIOL Director for additional places on the Varsity teams.

If after the first two WIOL meets a coach finds a new participant that is exceptionally talented, within the top 10 percent of participants at the JV level at both meets, and who the coach feels should compete at the Varsity Level the coach can petition the WIOL Director for permission to place that participant at the Varsity Level. If the WIOL Director finds an independent participant meeting the same requirements that participant can be moved up at the WIOL Director's direction.

Students who have competed and performed well in a minimum of three meets in the previous WIOL season or have verifiable experience on three intermediate level courses at regular orienteering meets are eligible for Varsity level.

It is strongly recommended that Varsity level places be assigned to returning students based on their final standings of the previous season.

It is recommended that Varsity level places be first assigned to qualified students at the 11<sup>th</sup> or 12<sup>th</sup> grade level.

If a Varsity level student is not available for a meet a coach may assign a Junior Varsity level participant to the Varsity level for that meet. For as long as that Varsity level student is not available the same Junior Varsity level student will be assigned to that position. At any subsequent meets that any Varsity level student cannot participate the same JV participant must be assigned to take the Varsity level student's position.

All other high school students, grades 10 and above, boys and girls, will be required to participate at the Junior Varsity level on Junior Varsity Boys and Girls teams.

Junior Varsity Girls will compete on Course 3 and Junior Varsity Boys will complete on Course 4. Varsity Girls will compete on Course 5 and Varsity Boys will compete on Course 6.

To be eligible for an individual season trophy a participant must receive a score in a minimum of four meets.

Team scoring will be based on the top three finishers for each team. A team will consist of a minimum of two participants. To be eligible for a team trophy a team with a minimum of two participants must participate in a minimum of four meets.

For the Championship Meet a participant may not participate on a lower course than they participated on for the majority of the meets during the season.

Coaches must inform the Computer people of any change(s) in course level assignment for a meet before the participant(s) start running.

The initial start time for WIOL participants will be 10:00 a.m.